



Roadbook Mugello Trail 22km 1100m vertical gain

Departing from the back of the Baddia di Moscheta (560 m asl), you take CAI trail 713, which climbs the path of the Vacchile river. After roughly 1.5 KM, you take the narrow road/trail to Poggiccio climbing quickly through oak and chestnut forests, the path will lead you to the village of Giogarello (920 m asl). You've completed roughly 4 KM. At this point, head right on the beautiful ridge trail (CAI 713), which will take you to Mount Keen (1054 m asl). Entering onto the rocky meadow, you'll enjoy one of the most beautiful landscapes on the course: The left side is dominated by the beautiful and wild Rovigo and Cavalier Valleys on whose cliffs nest the rare Golden Eagle. This is also now the realm of the wolf.

Descend along the ridgeline towards Serra Shelter (liquid refreshment and trail junctions).

Here, turn left taking the Cagna Morta forest road, and after about 1,5 km turn left again, on the path leading to the Molino di Diacci (830 m asl). Pay attention on this section of single track, as it's narrow and slippery in some points. You'll have to ford a ditch and the Rovigo stream. At the Mill of Diacci, after having just forded the river, take the left path to meet up with UTM.

Here the land become more rugged and rocky, and in one of the steep rock walls, descends the waterfall dell'Abbraccio ("the Embrace"). where competitors will pass. Climbing again for little more than a half kilometer, you arrive at the I Diacci shelter (940 m; complete refueling/refreshment).

After leaving I Diacci, take the narrow road northwest for about 500 meters. Then, get on the CAI 739 trail towards Piani di Rovigo. Continue along through a series of ups and downs on single-track, crossing the wild Val Cavalier and leading you to the junction with forest road CAI 741. Take the CAI 741 junction right and descend down.

Pass the bivouac of Ca di Cicci (liquid refreshment available) and proceed downhill to the old, abandoned and dilapidated village of Pian dell'Aiara. Cross the ruins and head down a steep trail through groves of centuries old chestnut trees, which are of particular interest.

After less than 1KM on forest roads, you'll head left towards La Lastra (480 m) where you cross the Rovigo creek and take the CAI 711 trail on the right. This trail starts as more of a road and then becomes single-track and enter the Valle dell'Inferno. Here after a few hundred meters, you'll converge on the CAI 713 trail. We charge on, climbing out of the dell'Inferno valley. You've almost arrived, but don't lose focus. This charming single-track is insidious because its rocky surface is almost always wet and it's above a considerable overhanging valley.

Exiting the Valle dell'Inferno, turn left on the communal road, and after only roughly 300 meters, you'll cross the unique and beautiful finish line inside the courtyard of the ancient Badia.